



DETAILED FIRST TRIMESTER ULTRASOUND INDICATIONS

Per the 2020 AIUM Practice Parameter

Indications include but are not limited to:

1. Previous fetus or child with a congenital, genetic, or chromosomal anomaly.
2. Known or suspected fetal abnormality detected by ultrasound in the current pregnancy.
3. Fetus at increased risk for a congenital anomaly based on the following:
 - a. 35 years or older at delivery.
 - b. Maternal pregestational diabetes.
 - c. Pregnancy conceived fertilization.
 - d. Multiple gestation.
 - e. Teratogen exposure.
 - f. Enlarged nuchal translucency.
 - g. Positive screening test results for aneuploidy, including cell-free DNA screening and serum only or combined first-trimester screening.
4. Other conditions possibly affecting the pregnancy/fetus, including:
 - a. Maternal body mass index of 30 kg/m² or higher.
 - b. Placental implantation covering the internal cervical os under a cesarean scar site or cesarean scar pregnancy diagnosed in index gestation.